

Support and Resources

General Hotlines

- **Hepatitis Help Line** 1-800-290-1202 (8 am–8 pm Eastern Time). General information on hepatitis C, support group information, educational materials, and doctor referrals.
- **CDC National STD & AIDS Hot Line**
English: 1-800-342-2437 (24/7, 365 days/year); Spanish: 1-800-344-7432 (8 am to 2 am, 365 days a year); For the Hearing Impaired, TTY: 1-800-243-7889 (10 am–10 pm Eastern Time).
- **AIDS Info** 1-800-874-2572 (12 pm to 5 pm Eastern Time); Web site: www.aidsinfo.nih.gov. In English and Spanish, provides information on HIV/AIDS treatment and clinical trials.
- **CDC National STD (Sexually Transmitted Diseases) AIDS Hot Line** 1-800-227-8922 (24/7, 365 days/year). Offers free and confidential information on sexually transmitted diseases, and referrals for diagnosis and treatment.

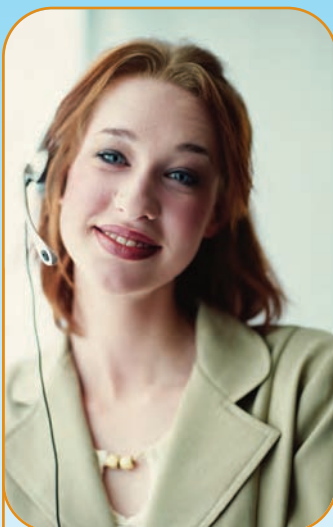
Hotlines for Minority Groups

- **The Office of Minority Health Resource Center** 1-800-444-6472 (9:00 am to 5:00 pm Eastern Time). Web site: www.omhrc.gov. The largest minority health resource and referral service in the US.
- **National Spanish HIV/AIDS Hot Line** 1-800-344-7432 (8:00 am to 2:00 am Eastern Time). Spanish-speaking staff offers general information on HIV/AIDS.
- **National Alliance for Hispanic Health** 1-202-387-5000 (9:00 am to 6:00 pm Eastern Time). Web site: www.hispanichealth.org. E-mail: alliance@hispanichealth.org. Provides Hispanic community with health program referrals and information sources.
- **Association of Asian Pacific Community Health Organizations** 1-510-272-9536 (9:00 am to 5:00 pm Pacific Time). Web site: www.aapcho.org. Offers materials on diseases in several languages: Chinese, Laotian, Samoan, Korean, Tagalog, and Vietnamese.

Hotline for Women's Groups

- **National Women's Health Resource Center** 1-877-986-9472 (9:00 am to 5:00 pm Eastern Time). Web site: www.healthywomen.org. E-mail: info@healthywomen.org. Links women with health resources in their communities.

This information is not intended as a substitute for professional medical advice. Consult your health care provider for individualized information about your therapy. Your health care provider should be your primary source of information about your medical condition and treatment.



If You Need Help Right Now

Don't hesitate to pick up the phone and call a hot line, especially if you are alone. You don't have to be having an emergency to call a "hot line"—though you should call 911 if you have an emergency. Here is a list of hot lines that are currently available. You can also look in your phone book (look under the abbreviation of the name as well as the full name itself) and on the Internet.

Government and Professional Organizations

Don't be afraid to contact the government—our country's organizations are tops in the world on disease prevention and management. Professional organizations can be very helpful as well. Check your phone book for local support groups.

- **American Liver Foundation (ALF)**
75 Maiden Lane, Suite 603, New York, NY 10038-4810; 1-800-GO-LIVER (465-4837) or 1-888-4HEP-USA (443-7872) (9:00 am to 6:00 pm Eastern Time). Web site: www.liverfoundation.org. E-mail: info@liverfoundation.org.
- **Centers for Disease Control and Prevention (CDC)** 1600 Clifton Road, NE, Hepatitis Branch, MS-G37, Atlanta, GA 30333 1-888-443-7232 (8:00 am to 4:30 pm Eastern Time). Web site: www.cdc.gov/hepatitis
- **Hemophilia Federation of America**
102B Westmark Boulevard,
Lafayette, LA 70506. 1-800-230-9797 (8:00 am to 5:00 pm Central Time)
Web site: www.hemophiliafed.org
E-mail: jhamilton@hemophiliafed.org.
- **National Kidney Foundation®**
30 East 33rd Street, Suite 1100
New York, NY 10016. 1-800-622-9010 (8:30 am to 5:30 pm Eastern Time)
Web site: www.kidney.org
E-mail: info@kidney.org.
- **National Institute of Allergy and Infectious Diseases (NIAID)** Office of Communications
31 Center Drive, MSC 2520, Bldg. 31,
Room 7A-50, Bethesda, MD 20892-2520
1-301-496-5717 (8:30 am to 5:00 pm Eastern Time) Web site: www.niaid.nih.gov.
- **Alcoholics Anonymous World Services (AA)**
475 Riverside Drive, 11th floor
New York, NY 10115. 1-212-870-3400 (8:00 am to 4:00 pm Eastern Time)
Web site: www.aa.org.

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